

Spec Tennis Rules

Scoring

A "Game" is first to win 4 points. A "Set" is first to win 4 games. A "Match" is first to win 3 sets. There are no tiebreakers. When the game score is 3-3, the receiver gets to choose which side the server must serve from.

How Points Are Won

When your team hits shot that is unreturnable before the 2nd bounce.

When opponent hits shot into the net.

When opponent hits shot that lands outside the boundary lines on its 1st bounce.

Serving

Server gets 1 serve, which must be underhand and land crosscourt.

Server stands with 1 foot on mark, 4 feet behind intersection of sideline and baseline.

Serve out of the hand or from a drop & bounce.

Positioning

There is no "restricted area" (unlike pickleball). Stand as close to the net as desired.

It is not recommended that the player returning serve stands inside the baseline, because the serve can land anyone in the crosscourt region, and the returner must let the incoming serve bounce.

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Serve Order

Server continues to serve each point until current game is completed.

In Doubles: A Serving Order must be established:

Ex: If Player 1 from Team A serves the 1st game, then Player 1 from Team B serves the 2nd game, Player 2 from Team A serves the 3rd game and so on.

MISC.

Ball is "IN" if any part of it is touching the line in question.

If serve clips the net but then lands in correct box, play continues.

If player from either team touches net with paddle or body, that team loses the point.